



Summer Menu...Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal	Biscuits and	Scrambled Eggs	Bagels with	Pancakes
	Fruit	Gravy	with Cheese	Cream Cheese	Cottage Cheese
	Yogurt	Fruit	English Muffins	Yogurt	Peaches
	Milk	Milk	Fruit	Fruit	Milk
			Milk	Milk	
Morning Snack	Blueberry	Crackers	Veggie Sticks	Goldfish	Chips
	Muffins	Cheese	Dip	Pickles	Cheesy Bean
	Water	Water	Water	Water	Dip
					Water
Lunch	Turkey Nachos	Barbecue	Grilled Turkey	Bean and	Pasta
	Salsa	Chicken	and Cheese	Cheese Burritos	Garlic Bread
	Milk	Macaroni Salad	Sandwiches	Chips	Veggies
		Oranges	Pickles	Veggies	Milk
		Milk	Milk	Milk	
Afternoon Snack	Graham	Meat and	Vanilla Wafers	Cereal	Pretzels
	Crackers	Cheese	Yogurt	Milk	Oranges
	Fruit	Water	Water		Water
	Water				