



Fall Menu Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Fruit Yogurt Milk	Turkey Egg Scramble Toast Fruit Orange Juice	French Toast Bake Yogurt Fruit Milk	Applesauce Muffins Cottage Cheese Milk	Bagels Yogurt Cream Cheese Fruit Milk
Morning Snack	Graham Crackers Raisins	Fruit Yogurt	Cheeze-its Fruit	Cereal Milk	Smoothies Crackers
Lunch	Broccoli Cheese Soup Apples Goldfish Milk	Shredded BBQ Chicken Sandwiches Veggies Lemonade	Chicken and Rice Casserole Veggies Milk	Lasagna Garlic Bread Milk	Egg Sandwiches with Cheese Fruit Milk
Afternoon Snack	Fruit Cheese	Apple Carrot Bread	Chips and Salsa	Yogurt Graham Crackers	Ants on a Log Crackers

