



Fall Menu Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Fruit Yogurt Milk	Breakfast Burritos Fruit Yogurt Orange Juice	Waffles Fruit Cottage Cheese Milk	Bagels Cream Cheese Yogurt Fruit Milk	Blueberry Muffins Cottage Cheese Milk
Morning Snack	Toast Apples	Cheese Crackers	Carrots Dip	Goldfish Pickles	Strawberry Cream Cheese Roll-ups
Lunch	Corn and Black Bean Nachos Rice Milk	Baked Chicken Macaroni Salad Oranges Milk	Spaghetti with Meat Sauce Garlic Bread Veggies Milk	Bean and Cheese Burritos Fruit Salad Chips Milk	Grilled Cheese and Turkey Sandwiches Pretzels Pickles Milk
Afternoon Snack	Banana Bread	Applesauce Graham Crackers	Jello with Fruit	Carrot Sticks Ranch Dressing	Oranges Pretzels

