



Fall Menu Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Oatmeal with Brown Sugar Fruit Cottage Cheese Orange Juice	Blueberry Pancakes Yogurt Milk	English Muffins Cottage Cheese Fruit Milk	Bagels with Jam Yogurt Fruit Milk	Quiche Toast Fruit Milk
Morning Snack	Smoothies Crackers	Apples Crackers	Yogurt Vanilla Wafers	Chips and Salsa	Veggies Ranch Dip
Lunch	Chicken Quesadillas Spanish Rice Corn Milk	Chili Cheese Mac Green Salad Cornbread Milk	Cheese Pizza Mixed Veggies Milk	Chicken Stir Fry Teriyaki Rice Lemonade	Chicken Noodle Soup Homemade Rolls Milk
Afternoon Snack	Animal Crackers Fruit	Biscuits Jelly	Pretzels Pickles	Pumpkin Bread	Cheese Crackers

